Table 3 Nonpharmacological Interventions for Managing Pain

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X\*\*

X\*\*

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\*\*\*Provide information for parents and appropriate interventions for child

Distraction.

Environment

Medical Play

Non-nutritive

Sucking

Positioning Post Procedural Comforting

Preparation

Relaxation

Swaddling Warm Packs

Parental Involvement

Skin to Skin Contact

\*Involve parents with permission from child

\*\*Provide information for parents

Guided Imagery

Vandamental interpretation include approach to pair proposed that the not include the Easting Thousan projection states in that
Nonpharmacological interventions include approaches to pain management that do not involve medications. They are noninvasive strategies that
increase comfort, improve coping and give children a sense of control. Either alone or in conjunction with pain medication, these strategies are proven
increase contact, improve coping and give critical a sense of contact. Either arone of in conjunction with pain incurcation, these strategies are proven
for the substitute of the control of

successful for the reduction of pain and the associated anxiety. In an attempt to offer Family Centered Care, these techniques promote parental involvement and satisfaction. Non-pharmacological techniques are very safe and easily accessible by all members of the health care team.

	Method	Developmental Stages					
200000000	Infants	Toddler	Preschool	School-age	Adolescent		
	Art, Play, & Music	X	X	X	X	X	
	Breastfeeding	X					

				100		
Art, Play, & Music	X	X	X	X	X	
Breastfeeding	X					
Choices & Control		X	X	X	X	

Breastfeeding	X					
Choices & Control		X	X	X	X	
Deep Breathing			X	X	X	
David Davidson						

Choices & Control	X	X	X	X	
Deep Breathing		X	X	X	
Deep Pressure					
and Massage		X	X	X	

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