

Rules of the Road

Participant Guidelines



PROGRAM DATES

Starts Monday, September 8 and Ends Sunday, December 7, 2008

TEAMS

- **Team Size** – Teams will be from 5 to 10 members.
- **Team Name** – Each team must have a team name before the scores can be posted. Put on those creative caps and let the *Trucking Across North America* Coordinator know your team name.
- **Team Captain** – Each team will choose a Team Captain.

MILEAGE

Mileage is used to score exercise, recreational, and wellness and volunteer activities.

Exercise Miles

- 1 exercise mile = 10 road miles
- Maximum miles/day = 10 exercise miles
- Maximum miles/week = 50 exercise miles

Bonus Miles

There is a possible 20 Bonus Miles that can be earned.

- **Wellness & Volunteer Activities.** Three (3) bonus miles will be given for each wellness and volunteer activity onsite and in the community with up to 15 miles total for the program. A list of Bonus mile activities will be available from your site coordinator.
- **Post Survey.** Complete the final survey for another 5 bonus miles.

MILEAGE CARDS

1. Track your weekly mileage on the TANA web link. You can also access this link from any PC including your home computer.
<https://evaluate.internationaldelivers.com/intranet/VitalLives/Default.aspx?App=TAN>. **Input your mileage every Monday by 12 noon** via the web link or turn in your Mileage Card to your Team Captain for input into the website.
2. **Mileage turned in 3 weeks late will not be counted** toward your team score.

DESTINATION PRIZES

To help keep you Truckin' across North America, destination prizes will be awarded to team members when they reach Indy, Miami, and Las Vegas.

There is a bonus trip of 1,200 miles back to Edmonton, Alberta Canada as an added incentive to those teams who reach Las Vegas before the end of the program's 13 weeks.

Prize #1 – Multi-Tool Kit

Prize #2 – T-Shirt or Polo Shirt

Prize #3 – Fleece Blanket

LEADERSHIP CHALLENGE

Challenge yourself and your team members to pull ahead of the leadership at your location. Not only will you be a step ahead of the bosses but each team will be recognized by leadership at the local level.

WINNING

1. The highest scoring team from each location is the winner for their location.
2. The highest scoring team company-wide wins the *Trucking Across North America* Traveling Trophy.
3. If there are two or more teams at the end of the competition that have the same score, the following criteria will be used to break the tie. The team with the most team members will be the first place winner. Other top scoring teams will be second and third. If there are two or more top teams with the same number of team members, the team that reached the final destination (Las Vegas) first is the winner.
4. Any individual who moves 600 exercise miles (6000 road miles) or more will be recognized as a *Mileage Master*.

QUESTIONS?

Source: Navistar, Warrenville, IL.

